

Student Club Video Content

Week 12: Pulse Check on People's Hearts

1. TLC Procedure
 - a. Connections and listening to what is happening around you, between the lines, and also the moments
 - b. V.A.K.- Fast & Task or Slow & People

2. Parallel to school and clinic
 - a. Need to do B. O. S. S. and you will need to slow down and you can PAUSE and hear the peoples words and reflect their words back to connect

3. Drill: Listen and note peoples words and **REFLECT** back on their words
 - a. Props- Mirrors- we are reflecting the truth

Homework: Look at the people closest to you and determine if they are:

- V. A. K.
- Fast or slow
- Task or people

“Now is the time to dig in”