

Student Club Video Content

Week 29: Being in Relationship With...

1. TLC Procedure
 - a. Measure people for congruency not contradictions in the 7 primary territories of life.
 - i. Why do you believe you are here?
 - ii. Academic congruency?
 - iii. Familial congruency?
 - iv. Social/emotional congruency
 - v. Physically congruency
 - vi. Financial
 - vii. Professional
 - b. Don't seek counselor time with people incongruent with your core beliefs
 - c. Choose well and invest in your time carefully
2. Parallel to school and clinic
 - a. Think about your friends, teachers, school cohorts and outside influences
 - a. What do you disagree with?
 - b. What do you agree with?
 - c. What do you aspire to?
3. Drill:
 - a. Share with a partner
 - i. The moment that you realized you wanted to be a DC.
 - ii. What you appreciate most about this group that you are in.
 - iii. What you want for this group 20 years from now.

Homework:

Stay in this conversation of your 7 territories and make sure you are looking for congruencies.

“Now is the time to dig in”