

Five Traumas

Medical research has long proven the body retains the memory of every physical trauma it has ever had, even impacts with velocities of just 5 mph. Even after the impacts when you say you feel fine, the body may be causing you to carry your center of gravity one way or another to compensate for the new imbalances. Everything that has ever happened leaves a blueprint of who you are today, what your posture is, how you walk and the problems that you feel.

Were you involved with any childhood sports?

What were some of your most memorable hits, regardless of how pain free you felt afterwards?

Have you ever broken any bones in your body including hands and feet?

What were some forms of work you started with early in your career?

When were you in the most recent car accident even as little as five miles per hour? Who was the spinal specialist or chiropractor you saw afterwards?

Have you ever had any surgeries? Even unrelated to the spine.

Have you had any headaches or other physical challenges which have caused you to have time off from work?

When was the most recent time you lost your balance or slipped in the house on some stairs or on the ice?

When was the most recent time you strained yourself push, pulling or lifting?
Was there a chiropractor who assessed you at that time?

Of the chiropractors you have seen in the past, what did they recommend you do to not only stop the flare ups, but to fix the problems?

Our practice may seem different from other chiropractors you may have seen in the past, we take our job seriously. We want not only reduce your discomfort, but to stop the factors that have led to this weakness.

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