

Avrum Musnik's Patient (written by CA Monica)

Helen is 86 yrs old and came into our office bent over her walker with her eyes only looking down at the ground. She began coming in three times a week and needed assistance getting into a room, changing, etc. She only knew me by the rings I have on my toes and would remark to me when i needed a pedicure or if she liked the color of my toenail polish! She spent most of her day alone and didn't seem to mind spending hours in the office when her Access-a-ride was delayed or forgot her. Three times a week, she got up and dressed, dealt with some very mean drivers who treated her poorly, just to get her chiropractic adjustment. We developed a wonderful repaire and Helen had a tremendous presence in our office. I dubbed her "Helen wheels" and used to sing Paul McCartney's song to her because she started going so fast with her walker.. :)

After about two months of adjustments, Helen was waiting for her adjustment one day when she looked up and said "I can see you". WOW..what a moment! I am getting goosebumps just thinking about it. I ran for my phone, grabbed Doc to get in the pic as the other patients cheered. Helen was so happy, I couldn't wait to develop the picture and put it up on our wall. Before you know it, other patients brought in some pics of themselves after chiropractic--even one on a 4X4! WOO HOO.

Helen passed away about three weeks after that of a stroke. When I went to see her at the hospital, I told her how she had changed my life. The drs said she probably couldn't hear me, but it didn't matter. Her spirit was within me and will live in my heart forever. Helen's dedication and perseverance in her pursuit of wellness was an education for all of us. She believed in chiropractic and was able to look at the world in a better way because of it.

She never gave up-no matter what! Live Chiropractic!

IN MEMORIAM

Our friend and dedicated patient, Helen Givner,
passed away on Sunday, Oct. 17, 2010.
Please let us remember her perseverance and strong
will to make her life better no matter how tough it
was.

Helen touched our lives and, most of all, taught us to
keep our spirit strong, smile and have a positive
attitude.



NEVER GIVE UP!



