

# CAN'T WAIT 'TIL SUMMER CELEBRATION

ALL DAY  
FRIDAY  
MARCH 30

\* snow date Wednesday, April 4

In the summer we can feel more upbeat, energetic and positive—much like we feel after a good Chiropractic adjustment. Help keep that summertime feeling all year and join us for our annual celebration. This will be a kick-off for our “Get Ready for Summer” series of talks, programs and hand-outs about diet, nutrition and stress reduction strategies. We want to help you get ready to have the best spring and summer season possible!

Help a friend or family member to experience the vitality, energy and great health benefits of Chiropractic care, by inviting them as well.

Join us for fun, food, prizes and (of course) powerizing chiropractic adjustments. Wear an article of summer clothing and you'll be entered for a chance to win our fabulous summertime prize.

**HELP US HELP OTHERS:** We will be offering complimentary screening evaluations for your friends and family.

Who do you know who should be checked?