Dr Len Siskin - My math says:

1) A Full Spine (F/S) series is about 0.2 REM (or 200 mREM).
5 F/S series x 0.2 REM = 1 REM
You would have to average 10 REM/yr over 7 years to reach that critical threshold.

Therefore:
5 F/S series equals 1 REM
10x 5F/S series equals 10 REM/yr.
Thus, 5x10 equals 50 F/S series/yr.
At 52 weeks/yr, that is roughly 1 F/S series per week. To the best possible advantage of xrays